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## **Upper Endoscopy (EGD) Preparation**

Upper endoscopy enables the physician to look inside the esophagus, stomach, and duodenum (first part of the small intestine). The procedure might be used to discover the reason for swallowing difficulties, nausea, vomiting, reflux, bleeding, infection, tumors, indigestion, abdominal pain, or chest pain. Upper endoscopy is also called **EGD**, which stands for esophagogastroduodenoscopy (eh-SAH-fuh-goh-GAS-troh-doo-AH-duh-NAH-skuh-pee).

### **Contact your physician if you are taking or have the following medical concerns:**

**Coumadin:** Stop it four (4) days before EGD. No coumadin on the day of your EGD. Ask physician when to resume your coumadin.

**Plavix:** Stop it three (3) days before EGD.

**Dialysis Treatment** – alternate treatment may be used

**Aspirin and Iron Pills:** Stop for seven (7) days before EGD.

**Aggrenox:** Stop three (3) days to five (5) days before EGD.

**Anti-Seizure Medication** – take at least 2 hours before the scheduled EGD with a small sip of water

**Insulin:** No insulin on the day of your EGD. Ask your physician when to resume your Insulin.

**Rest of your Medication:** Take it the day before, but not on the day of the exam. You may resume after your EGD.

**Heart Valve Replacement**

**Pacemaker with Internal Defibrillator**

### **DAY BEFORE EGD**

1. After being off the Coumadin 4 days prior to EGD, have PT-PTT (lab test) taken 24 hrs prior to exam if requested by physician.

### **DAY OF EGD**

1. **Nothing to eat or drink after midnight.** You may brush your teeth, and rinse with water.
2. Arrive for EGD 30 minutes prior to scheduled time.
3. Someone has to drive you home.

### **On the day of your procedure, report to the following unless otherwise instructed by you physician:**

The Endoscopy Center of Topeka, 785.354.1254  
2200 SW 6<sup>th</sup> Avenue, Suite 103  
Topeka, Kansas 66606

Other \_\_\_\_\_

Check-in Date: \_\_\_\_\_

Check-in Time: \_\_\_\_\_

KMC Gastroenterology

Dr. Sufi and Dr. Challa 785.354.8518

Dr. Feagan 785.233.3555