



Helicobacter Pylori Breath Test Preparation

Prior to testing it will be necessary to avoid the following medications for the allotted times listed.

FOUR(4)weeks prior to test

Stop all antibiotics and Bismuth type medication

TWO (2) weeks prior to test

Stop all Proton Pump Inhibitors which may include

- Nexium
- Aciphex
- Protonix
- Prevacid
- Prilosec
- Carafate

Day of testing

Patient must be fasting for six (6) hours

Nothing to eat or drink the morning of the exam

Note: You can continue to take medication such as Zantac, Pepcid and Antacids such as Maalox,Roloids, Tums and Mylanta

It is critical that all of the instructions are followed for an accurate result